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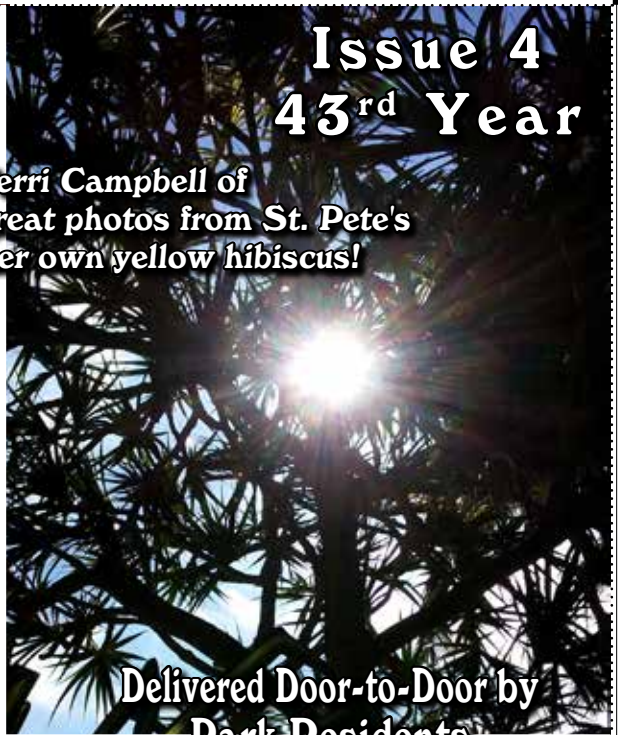
# HARBOR LIGHTS

• SCUTTLEBUTT •

## June • 2019

## Issue 4 43<sup>rd</sup> Year

Thank you to Terri Campbell of Southwind MHP for the great photos from St. Pete's Sunken Gardens and her own yellow hibiscus!



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St. Petersburg Fire Dept.	893-7694	Seminole Fire Dept	394-6905
Pinellas County Sheriff	582-6200		
Florida Highway Patrol	570-5010		

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### UTILITIES

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Knology Sales	239-0211
Service	(866) 745-3685
Duke Energy	727-443-2641
Power Outage	1-800-228-8485
Frontier Services	1-800-921-8101
Directory Assistance	411
DirecTV	1-800-531-5000
Teco Gas	826-3333

### PUBLIC OFFICES

DMV-Tags, Driver's License	1800 66th St. N., St. Petersburg	464-7777
St. Petersburg Chamber of Commerce		821-4069
St. Petersburg City Hall		893-7171
St. Petersburg Post Office		(800) 275-8777
St. Petersburg Main Library		893-7724
Social Security Administration		(800) 772-1213
Seminole City Clerk		398-3107
Waste Management		888-964-9744
Seminole Recreation Dept		391-8345
VA Regional Office Benefits Info.		1-800 827-1000

### HOSPITALS

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Largo Medical Center	201 14th St. SW, Largo 33770	588-5200
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Northside	6000 49th St. N., St. Petersburg 33709	521-4411
St. Petersburg General	6500 38th Ave. N., St. Petersburg 33710	384-1414
St. Anthony's	1200 7th Ave. N. St Petersburg	825-1100

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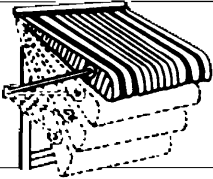
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## Updates from Summit Communities...

---

The contractor will begin on the front gates the last week of May, after Memorial Day. Please plan on using the back gate to enter and exit until they have completed the work. The whole front of the park entrance will be torn up and you will not be able to enter or exit using the front entrance for a couple of weeks. Jamie does not know any other news on this subject and will keep the residents posted via e-mail.

The a/c is on at the laundry room now that it is so hot.

Removal and replacement of homes - Five homes should be coming out in the next 6 weeks or so and will be replaced by new homes. If you have put in a request for any items from these homes, please contact the office to make arrangements to remove them. Please do not remove any items without going thru office.

**Hurricane Season is June 1-November 30 Prepare now!**

**Mobile Home residents must ALWAYS leave when an evacuation is called!**

Make sure you have an evacuation plan that includes homes and food for your pets.

**Swimming Pool Rules – NO CHILDREN UNDER 3 ALLOWED IN THE POOL, RESIDENTS ONLY FROM 2-4PM DAILY!**

**SUMMER ACTIVITIES** – Events are planned for the 4th of July and Labor Day. Notices will be posted in the clubhouse, laundry room and by the park entrance. Contact Don Halker, 937-307-2938, for more information!

## Reoccurring Activities in the Park

---

**Bingo** – Tuesday @ 7:00pm





## PHONE DIRECTORIES

**A**vailable from Mary (586-980-2120) and/or Dennis Antoszewski (586-980-2121) during the summer you can pick them up from Karen Pera, (727-599-3796). Please contact them to make changes to the directory. Updates are posted each month in the Scuttlebutt. 2019-2020 directories will be available in November.

### **Phone Directory Changes**

#### **Removals:**

Sandy & Joe Bent 4628 92nd St N  
Ed & Marylou Belliveau 4918 92nd St N  
Anthony Pate 5080 92nd Lane  
Shirl Swan Mock 9394 50th Terr N

#### **Additions:**

Mark Ledford & Angie Seibert 4628 92nd St N  
Robert & Michelle Quigley 4918 92nd St N  
Russ Ayer 5080 92nd Lane,  
Nelson Clabaugh & Suzanne Whelehan 9394 50th Terr N.

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Joe LaDone



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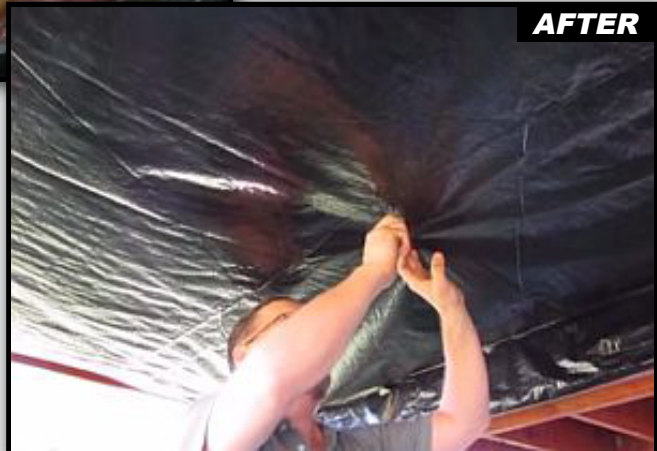
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## Harbor Lights Social Club News

---

**T**he Social Club activities will resume in October.

### **New Year's Eve –**

Tim and Sheila Arlene Adams- Chairpersons assisted by Jim and Janet Wagner. Theme for next year's party is "The Roaring 20's", music will be provided by Bandstand.

**Travel – 2020** Day Trips have been posted on the bulletin board in the clubhouse. Thanks to everyone who took the time to fill out the Teaser Brochure for next season's day trips.

Based on your selection, we are scheduling the top three as follows:

- January 14, 2020 - The Show Palace Diner Theater
- February 11, 2020 - Ringling Mansion and Museum
- March 10, 2020 - Cruise to Tarpon Springs

The next trips were in the second tier of interest. We are posting them with a date of TBD to gauge the level of interest. If enough residents show an interest in these trips, we will schedule specific dates in the fall.

- Singing Christmas (need to know before Thanksgiving)
- Immokalee Casino and Broadway Palm
- Starlight Sapphire Themed Cruises

Please sign up for all the trips you wish to take for next season. We will need your payment 30 days before the trip. Just like this year, we need a minimum of 30 to book the bus or the trip will be cancelled, and your check will be returned.

**SCUTTLEBUTT** Any information to be included in or suggestions to improve future Scuttlebutts should be sent to [karenpera@gmail.com](mailto:karenpera@gmail.com) , 727-599-3796!

**A Complete Listing of Resident Services  
can be found on the page before your calendar**



## What are the Warrior Games?

---

The Department of Defense (DoD) Warrior Games were created in 2010 and designed to introduce wounded, ill and injured service members and veterans to Paralympic-style sports. The Warrior Games showcase the resilient spirit of today's wounded, ill or injured service members from all branches of the military. After overcoming significant injuries and illnesses, these athletes prove that life can continue after becoming wounded, ill and injured. The U.S. Special Operations Command (SOCOM) will host the 2019 Department of Defense (DOD) Warrior Games June 21-30 in Tampa, Fla.

Many of the residents of the parks throughout the distribution area have ties to the military so I thought the games may be of interest to some of the residents, like the air show at MacDill. It's up to you the decide if it's appropriate to include this information in the various publications. The games will be played in Pinellas and Hillsboro counties and the sponsors are hoping for a nice turnout for the 7 days.

<https://dodwarriorgames.com/>, <https://www.facebook.com/WarriorGames>

## Disconnecting may not lead to the benefits you're looking for

---

Ever feel the need to disconnect from your devices for a “digital detox”? The Yahoo Finance website reported on a survey by Mojo Vision (Saratoga, California), which found that people tend to use technology as much, if not more, after distancing themselves from their smartphones and tablets for a while.

The survey of 1,000 Americans found that 67 percent agree that technology makes life easier, but 55 percent believe that all that tech is a distraction, with one-third worrying that it hurts people's ability to connect with one another. Still, 54 percent said that abstaining from their devices didn't produce the positive benefits they'd hoped for—or at least were unsure whether it had a beneficial impact.

The most common strategies for “subtracting” tech are setting devices to send fewer notifications, putting them on a “Do Not Disturb” setting, scheduling times to not use their devices, or simply turning them off for a period of time.



***A good decision is based on knowledge, and not on numbers.***

***—Plato***

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## Flower power

---

A dairy farmer in Japan, Toshiyuki Kuroki, found a novel way to help his wife, Yasuko, cope with her failing health. When complications from diabetes robbed her of her vision, he began planting shibazakura around their farm. It's a species of phlox and a hearty groundcover that blossoms March and April.

Though he knew his wife of 30 years would no longer be able to see the beautiful fuchsia-colored petals, he hoped the sweet fragrance of the flowers would lure her outdoors and out of her deepening depression. It didn't, for a while, and then something pretty wonderful happened.



As the farmer continued to plant more flowers, they thrived and spread across the farmland. People from surrounding areas, even tourists, began to visit the farm. Everyone wanted to see the beautiful pink fields and walk among the spring flowers. With so many new and different people showing up on their land, the farmer's wife began to wander outside and interact with the visitors. She was happy again.

For the past 25 years, the shibazakura fields that surround the home of Toshiyuki and Yasuko Kuroki have sparked joy and wonder in the hearts of many. The Kurokis receive about 7,000 visitors a year at the farm during March and April, and they no longer raise dairy cows.

Their story is a reminder that love and flowers are a powerful healing force.

## That's what friends do

---

A story recently went viral on social media that attracted the attention of national news outlets:

A teenager from a small town in Arkansas saved two years of earnings from his part-time job to buy a motorized wheelchair for his best friend and fellow high school classmate. It was a selfless act that speaks volumes about friendship and goodwill while serving as an example of how each of us can do and give more to contribute to the greater good.

**A flower cannot blossom without sunshine. A man cannot live without love.**

—Max Muller

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## Watch for these hidden causes of high blood pressure

---

**M**any factors affect your blood pressure, including genetics, diet, and even your sleeping patterns. The Healthline website advises you to be mindful of these possible contributors to high blood pressure, as well:

- **Over-the-counter medications.** Common medications used to address everyday aches and pains can increase one's blood pressure. These include anti-inflammatory drugs like Aleve, Advil, and Tylenol, as well as decongestants. You don't have to stop taking them, but check with your doctor.
- **Caffeine and alcohol.** Both of these can heighten your blood pressure. Limit yourself to less than 300 milligrams of caffeine a day—two to three cups of coffee—and one alcoholic beverage a day for women and two for men.
- **Food ingredients and supplements.** Some herbal supplements, for example, use licorice, which can raise blood pressure. In addition, some cheeses, cured meats, and also soy products contain high levels of tyramine, which can interact with medications like antidepressants, causing a spike in blood pressure.



## Pill offers an alternative to insulin injection

---

**P**eople with type 2 diabetes may have a new alternative to insulin injections, according to the Science Daily website. A research team at MIT has developed a capsule that patients can take orally to receive their insulin through the stomach.

The blueberry-size pill contains a tiny needle filled with compressed, freeze-dried insulin. The needle itself is made of a biodegradable substance and is attached to a compressed spring held in place by a disk of sugar. The capsule is designed to orient itself so the needle can contact the lining of the stomach. When the needle is injected, the insulin dissolves at a controlled rate and then passes harmlessly through the digestive system.

Tests in animals found that the device can deliver sufficient insulin to lower blood sugar at a rate comparable to injections through the skin. The device can also be adapted to deliver other medications.

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so that's very important for good health.*

*—Dalai Lama*

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Sunday	Monday	Tuesday
<p style="text-align: center;">JULY</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>		
2		3 7p Bing
9		10 7p Bing
16 Father's Day		17 7p Bing
23		24 7p Bing
30		

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# Harbor Lights

Tuesday	Wednesday	Thursday	Friday	Saturday
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	First Day of Summer	29



## An educated guess

---

The students in a zoology class were shown a series of slides. Each picture framed only the legs of a rare and exotic bird. Correctly identifying each species was how the students would earn their final exam grade.



“This is ridiculous!” one student shouted as he marched up to the front of the room, slammed his incomplete final on the professor’s desk, and headed toward the door.

The professor looked at the paper and noticed the student’s name was not on it. “Wait, what is your name?” he asked.

The student turned around, rolled up the legs of his jeans, and shouted, “You tell me!”

## Reasons to get away

---

After a day of hiking, a group of tourists were seated around a campfire deep in the Amazon rainforest. Their guide asked the members of the group what inspired them to make this trip.

“I want to explore new places and do fun things,” said one camper.

“I write a travel blog,” volunteered another. “This is a work assignment for me.”



“My neighbor’s kid inspired me take this journey,” said a third man. “He’s learning to play the accordion.”

## What you don’t know

---

A man is wandering through the desert with his horse and his dog. After several hours under the heat of the sun, the dog sits down and says: “That’s it. I’m not taking another step until I get some water.”

The man gasps and says: “I didn’t know dogs could talk.”

The horse looks at the man and says, “Me neither.”



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He has had a couple of strokes  
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Our delivery driver, Bob Davis (whom many of  
you know and have liked over the years), had  
a **SERIOUS FALL** while trimming a tree for a  
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# June Sudoku

9					7		2	
					4	3	8	
			2		3	7		
				6	5		1	3
6	8			7	2			
2	5			9			3	
	6	1					9	
								5

**HAPPY  
FATHERS'  
DAY**

3	4	9	7	2	1	8	6	5
7	6	1	5	3	8	4	9	2
2	5	8	4	9	6	1	3	7
1	2	5	3	4	9	6	7	8
6	8	3	1	7	2	9	5	4
4	9	7	8	6	5	2	1	3
8	1	6	2	5	3	7	4	9
5	7	2	9	1	4	3	8	6
9	3	4	6	8	7	5	2	1



## Three steps to motivate your imagination

---

**M**otivating yourself—or others—to be creative can be a challenge. Here are few ways (from the DMN website) for kicking creativity into gear:

- **Shake up your process.** Don't do the same things the same way all the time. Even simple changes can help you see the world in a different light. For example, instead of starting your day by checking your email, sit down with a colleague to brainstorm ideas.
- **Look for the unfamiliar.** Ditch the same-old-same-old. Take a class, or work in a different department for a few days. Talk to new people. Take on fresh challenges that force you to learn something new.
- **Don't be afraid of "bad" ideas.** No idea is bad if it leads to something good. Open your mind to the wild possibilities. They may be unusable, but sometimes they stimulate your thinking and suggest a practical solution to a problem.



## Don't believe you can't be creative

---

**A**ll people are born with a great core of creativity at our center, says Elaine St. James in her book, *Inner Simplicity*. If you grew up believing that you were not creative, it is time that you abandoned that belief. Believing you are not creative is often an excuse for not using your creative abilities. Believing that you have no talent holds you back from using what you do have.



If you've ever taken a class in, say, creative writing, and you've dropped out because you felt that you were the only one who couldn't write, you might believe you were born without talent. Julia Cameron, the author of *The Artist's Way*, says this is the equivalent of dropping out of a foreign-language class because you can't already speak the language.

You can develop your talents, and you should, because it will give you the inner peace that will give your life meaning.

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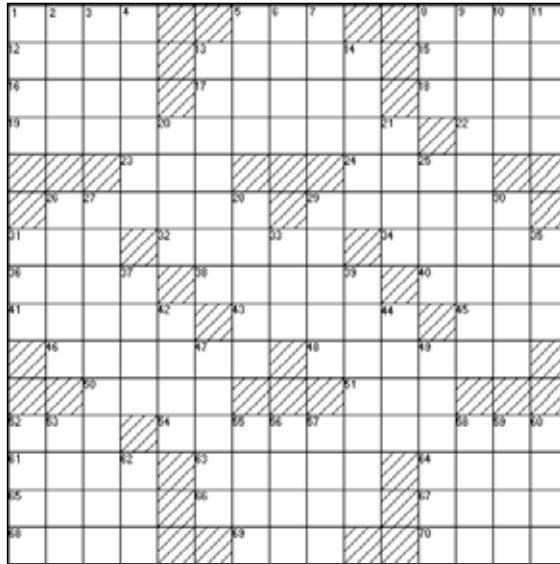
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**ACROSS**

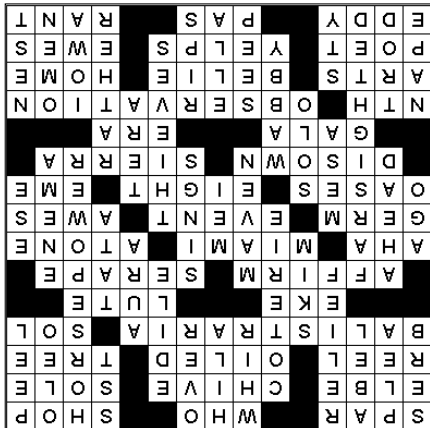
- 1. Box
- 5. Which person?
- 8. Store
- 12. A river in central Europe
- 13. A perennial used for seasoning
- 15. Underside of footwear
- 16. Bobbin
- 17. Lubricated
- 18. Tall woody plant
- 19. An opening to shoot arrows through
- 22. Personification of the sun (Roman mythology)
- 23. Supplement with difficulty
- 24. A pear-shaped stringed instrument
- 26. Assert
- 29. Long brightly-colored Mexican shawl
- 31. An expression of surprise
- 32. City in Florida
- 34. Repent
- 36. Bacterium
- 38. Occasion
- 40. Generates profound wonder
- 41. Fertile areas in deserts
- 43. One less than nine
- 45. Scottish for "Uncle"
- 46. Disinherit
- 48. A chain of mountains
- 50. Festivity
- 51. Earned Run Average
- 52. Utmost degree
- 54. The act of noticing
- 61. Products of human creativity
- 63. Negate
- 64. House
- 65. Lyrical writer
- 66. Sharp high-pitched dog cries
- 67. Female sheep
- 68. Ripple or current
- 69. Dance step
- 70. Tirade



- 1. A Slavic people
- 2. Humble request
- 3. Cain's brother
- 4. Respite
- 5. Sound of something in rapid motion
- 6. Anagram of "Hail"
- 7. Concluded
- 8. Supersonic transport
- 9. A unit of power
- 10. Margarine
- 11. Skin of a fruit
- 13. Clique
- 14. A magistrate of the Roman Republic

**DOWN**

- 20. Examine hastily
- 21. Subtle emanation
- 25. Goodbye (slang)
- 26. In the front
- 27. The opposite of myopia
- 28. Someone who is highly skilled
- 29. Makes melodious sounds
- 30. Bowel cleansing
- 31. In the past
- 33. Japanese apricot
- 35. East southeast
- 37. Plateau
- 39. Robbers
- 42. Alone
- 44. Prefix indicating 1 trillion
- 47. A loon
- 49. On the contrary
- 52. Anagram of "Pane"
- 53. Stepped
- 55. Ooze
- 56. Singer \_\_\_\_ Fitzgerald
- 57. Tears
- 58. Mid-western state
- 59. Portent
- 60. Where a bird lives
- 62. Pigpen



**FATHER'S DAY**

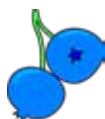
June  
Crossword



## Monthly

---

**California Avocado Month.** Avocado toast lovers of the world will be in heaven this month as the season for California-grown avocados reaches its peak. To learn more about this nutrient-rich fruit, go to <https://www.californiaavocado.com/>.



**Georgia Blueberry Month.** This southern state boasts the longest growing season for the antioxidant-rich fruit. Georgia blueberry season runs from April through July. If you'd rather be eating berries for breakfast, visit <http://www.georgiablueberries.org/> for recipes.

**Sorghum Month.** The Oldways Whole Grain Council has selected this versatile ancient grain as June's superstar. It's gluten-free, potassium-rich, easy to digest, and easy to grow. Chances are you've eaten it and just didn't know it.

**Professional Wellness Month.** Now is the time to take advantage of your organization's wellness program, or get together with members of your team, to walk, bike, or play volleyball. Let the start of summer and the warm days ahead be the start of a happier and healthier you.

## Weekly

---

**International Clothesline Week, June 1–8.** People around the globe will be hanging their clean damp laundry outdoors to harness the drying power of the wind and sun. Try it yourself. Save money, and save the planet.

**Hemp History Week, June 3–9.** You can eat it, but you're not allowed to smoke it. However, this fast-growing, versatile plant can be used to make paper, textiles, biodegradable plastics, and so much more. To learn about hemp's many uses, visit <https://www.hemphistoryweek.com/>.

**Men's Health Week, June 10–16.** The week preceding Father's Day heralds the awareness and prevention efforts of men's health issues. Let's keep the men in our lives healthy. Get more info at <http://www.menshealthmonth.org/week.html>.

**National Mosquito Control Awareness Week, June 23–29.** The last week of the month highlights the enemy of summer fun—the mosquito. Visit the American Mosquito Control Association website at <https://www.mosquito.org/> for tips and facts to minimize your exposure to this pest.





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## Follow these steps to achievement

**E**ver feel stuck in life? You can dig yourself out of the hole with the proper attitude. Try these tips from the *Success* magazine website:

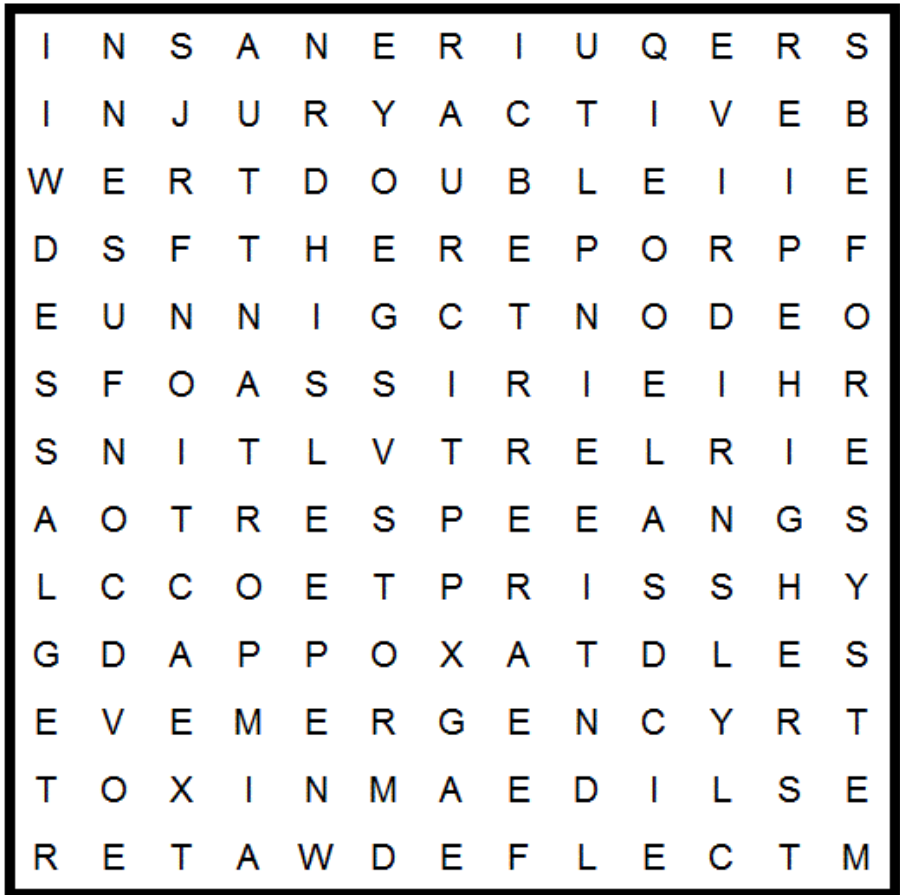


- **Focus on commitment.** Are you really committed to your goal? If not, you won't be motivated to pursue it.
- **Concentrate on gaining knowledge.** Don't expect instant results. Instead, work on accumulating the knowledge you need to get to where you want to go.
- **Have some fun.** Don't make the work all drudgery. Set a goal you'll enjoy working toward, and look for opportunities to have fun along the way.
- **Monitor your thoughts.** Don't fall into defeatist thinking. Get rid of negative thoughts that sap your self-confidence.
- **Spark your imagination.** Be open to anything, no matter how wild it seems at first. Generate ideas through brainstorming with others, exploring the world around you, and seeking opportunities to learn new things.
- **Challenge yourself.** Don't wait for the perfect moment to take action. Take chances, get out of your comfort zone, and be realistic about your mistakes and the causes of your failures.
- **Eliminate distractions.** Focus on what's most important without letting nonessential tasks get in your way.
- **Rely on yourself first.** You'll have to ask others for advice, assistance, and support, but remember that in the end, your success is your responsibility alone.
- **Have a plan.** Don't go off in all directions at once. Work out a solid, detailed plan for getting from your starting point to the result you want.
- **Avoid burnout.** Don't work too hard. Take care of your health, and give yourself permission to take a break—from a few minutes to a few days—if you start to feel yourself wearing down physically or mentally.

**I know the price of success: dedication, hard work, and an unremitting devotion to the things you want to see happen.**  
—Frank Lloyd Wright



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deflect  
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double  
drive  
  
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energy  
  
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higher  
  
important  
injury  
insane  
instead  
  
nurse

panic  
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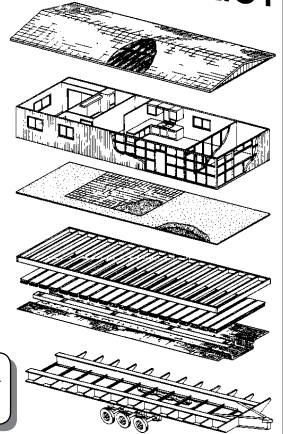
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Carol Zapiecki, Clearwater, FL

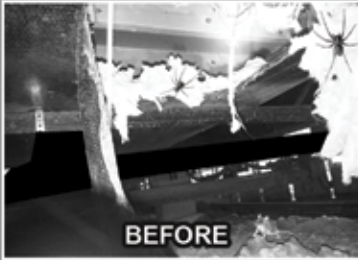
"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked here...were gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!"

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BEFORE



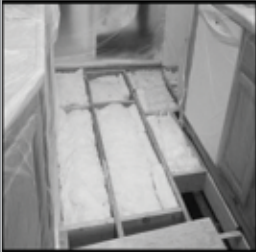
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many other things. Remember to  
think about this the next time you're  
planning something.

-Monthly Media Staff

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- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
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## Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**THOUSANDS** manufactured home residents have won over **\$148,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Steve Ray ..... \$100 .....	Dunedin Transmission	Patty Schuyler ..... \$5 .....	Debbie's Salon
Phil Houpt ..... \$10 .....	Bob's Mobile Home Washing	Roger Wray ..... \$5 .....	Buggin out Termite Inc.
Edith Winter ..... \$10 .....	Community Roofing of Florida	Marilyn Moore ..... \$5 .....	Community Roofing of Florida
Nancy Underwood ..... \$10 .....	George's Mobile Home Service, Inc.	Carolyn Hooper ..... \$5 .....	Air Masters of Pinellas, Inc.
Eric Vogel ..... \$10 .....	All Weather Roofing	Robert Morgan ..... \$5 .....	Bob's Mobile Home Wash
Anne Burr ..... \$10 .....	Air Masters of Pinellas, Inc.	Roy Martin ..... \$5 .....	Boss Electric Corp.
David Havens ..... \$10 .....	Ron Wyngarden MH Washing	Betty Flynn ..... \$5 .....	Jones & Sons Plumbing, Inc
Edward Bates ..... \$10 .....	Natures Resource Pest Control, Inc.	Howard Florczak ..... \$5 .....	Haseney Electric
Jean Cahill ..... \$10 .....	Doll Brothers Upholstery Cleaning	Leland Armstrong ..... \$5 .....	Battleline Termite & Pest Control, Inc.
Earl Foster ..... \$10 .....	Debbie's Cleaning Services	Lois Ayotte ..... \$5 .....	Heller's Mobile home Washing
Sally Ericson ..... \$10 .....	Tarpon Pest Control	Barbara Maglia ..... \$5 .....	O.W. Wilson Insurance
Victor Bartlett ..... \$10 .....	E & E Gliddon Air Conditioning, Inc.	Tom Crowley ..... \$5 .....	Battleline Termite & Pest Control, Inc.
John Knippel ..... \$10 .....	Palm Harbor & Dunedin Electric, Inc.	Masion Mein ..... \$5 .....	All Weather Roofing
Jackie O'Dell ..... \$10 .....	Appliance Specialty, Inc.	Patricia O'Flaherty ..... \$5 .....	Jones & Sons Plumbing, Inc
Thomas Miller ..... \$5 .....	The Plumbing Patrol	Evelyn Carmichael ..... \$5 .....	Bob's Mobile Home Wash
Sue Baker ..... \$5 .....	1st Class Handyman Service, Inc.	Arnold Alloway ..... \$5 .....	Jones & Sons Plumbing, Inc
Peggy Gronck ..... \$5 .....	Royal Enterprise	Theresa Lorentzen ..... \$5 .....	J. Timothy Doerner, D.D.S., P.A.
James L. Cates ..... \$5 .....	Jones & Sons Plumbing, Inc	Sandra Losiniecki ..... \$5 .....	Heller's Mobile home Washing
Mary Wuest ..... \$5 .....	Ron Wyngarden MH Washing	Connie Reardon ..... \$5 .....	Discount Computer Repair
Helen Blond ..... \$5 .....	Battleline Termite & Pest Control, Inc.	Diane Nichols ..... \$5 .....	Doll Brothers Upholstery Cleaning
Paul Boone ..... \$5 .....	Natures Resource Pest Control, Inc.	Ronald Cirincione ..... \$5 .....	Jones & Sons Plumbing, Inc
Raymond Bundy ..... \$5 .....	Royal Enterprise	Albert Carey ..... \$5 .....	Air Masters of Pinellas, Inc.
Delmar Haynes ..... \$5 .....	Bob's Mobile Home Wash	Ken Mortenson ..... \$5 .....	1st Class Handyman Service, Inc.
Iris Broce ..... \$5 .....	Doll Brothers Carpet Cleaning	Brenda Milobowski ..... \$5 .....	Debbie's Cleaning Services

- Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify
- No purchase necessary • Contest void where prohibited by law • Tickets available at participating Monthly Media advertisers.



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